

## MASSAGES

Be pampered with a foot bath blend of juniper berries salt where your therapist will scrub and wash your feet as you enjoy a sprawling view of the andaman sea. The ritual is set to relax you for your next treatment.

### Lomi Ke Ala Hoku Massage (4 hands)

Performed for thousands of years by Hawaiian Shamans, the Lomi Ke Ala Hoku Massage is designed to awaken the spirit within the physical body. Two therapists will sweep the length of your body in a dance-like motion, enveloping you in rich fragrant oil, with their forearms cascading waves of energy. Unable to follow the flow of four hands wandering all over your body, your mind will surrender. You will experience a deep state of meditation allowing you to re-connect with your very soul.

60min RM555

90min RM745

### Kahuna Wave Massage

An ancient Polynesian art, the Kahuna Wave Massage will change the way you move, breath, think and feel. Resembling the waves of the ocean, the gentle rhythmic strokes following a perpetual flowing motion will reach your very core. Releasing hidden memories, unweaving outdated patterns, and healing old wounds, they will make space for a new beginning, bringing the joy of life to your body, a feeling of peace to your mind, and a sense of wonder to your soul!

60min RM350

90min RM450

### Chakra Balancing Massage ✨

There is energy centres located along the spine and can be thought of as personal growth centres that connect your sub-conscious with your physical body. The Chakra Balancing seeks to create harmony in the Chakra System; a sensory symphony that seamlessly blends gentle touches with the delicious aroma of pure essential oils. Long soothing strokes will relax your body, allowing the powerful substances of carefully selected flowers, seeds and roots to unfold their healing properties. For a truly personalized experience, select an organic aromatic chakra elixir that truly resonates with your needs: Focus, Restore, Calm, Nurture, Attune, Seduce, Awaken.

60min RM350

90min RM450

### Time Travellers' Massage

Traveling across the time zones confuses the body's internal clock and impairs the production of the hormone Melatonin, which is in charge of sleep patterns. Depending on the length of your journey, it can take several days before your body is able to adjust. Now, there is no need to lose precious vacation time trying to overcome jetlag. The unique "Time Travellers' Massage" is intended to help you enjoy your stay at the Andaman from the very first minute you arrive. Created by our expert team of therapists, the massage utilizes the healing power of pure essential oils and the ancient art of acupressure to help you overcome exhaustion, insomnia and mood swings. Depending on the time of your treatment, you will be either stimulated or decompressed by a beautifully choreographed massage that will help your biological clock to align with the rhythm of the present location.

60min RM350

90min RM450

### Traditional Thai Massage ✨

Following a sacred healing tradition, the Thai massage is a unique blend of passive yoga, acupressure and reflexology. Utilizing fingers, palms, elbows, knees and feet, our therapists will bring you in yoga-like positions, stretching your muscles, releasing tight joints and increasing your flexibility. Following the energy pathways "sen" in a meditative gentle rocking motion they will release any blockage allowing your energy to freely flow, and rejuvenate your entire body and mind.

60min RM350

90min RM450



All prices are in Ringgit Malaysia and subject to change without notice. All prices are subject to 10% service charge. Prices stated are exclusive of Service Charge. Please contact V Botanical Spa at Ext 591, or V Wellness Desk at Ext 556 for enquiries and arrangements.