

V core wellness programs

More than a tranquil escape, we are a destination devoted to conscious living and personal renewal. Our Core Wellness Programs go far beyond pampering and indulgence. An initial Holistic Lifestyle Consultation will enable our Wellness Consultant to recommend the most suitable program, and customize it to truly meet your individual needs. Designed to deliver results, each program contains an array of carefully selected treatments and services that complement each other. Working in synergy, they maximize the ultimate outcome of your transformational journey, allowing you to achieve your personal goals, and reach a state of complete well-being.

All Core Wellness Programs are designed for the duration of 5 days / 4 nights. Accommodation and breakfast are available at a special rate, and will be charged separately.

We encourage you to extend your sojourn after the completion of your Core Wellness Program to enjoy our unique rainforest location, the Andaman Sea and the Malaysian culture and hospitality. Preferential room rates will apply.

Soul Connection

Resembling the ocean, every relationship experiences high and low tides, with warm streams bringing us together, and powerful waves letting us drift apart, leaving us longing with the desire to reunite and revive the passion of yesterday. The Soul Connection Program will take you on an emotional, inspiring journey, encouraging you to reach out to one another and playfully explore the inner world of your loved one, making space for true understanding and intimacy. With your heart-chakras open, senses heightened and energies aligned, you will encounter one another on a deeply spiritual level, and renew the eternal bond between the two of you.

- Holistic Wellness Consultation
- Isla Das Rocas - Ocean Scrub
- Chakra Balancing Massage
- Kahuna Wave Massage
- Organic Anti-aging Facial
- Love Bathing Ceremony (Comes with Sparkling Juice and exotic fruit skewers)
- Couples Yoga Session
- Tantric Meditation Session
- Nurture – Certified Organic Aromatics for the heart chakra by Intelligent Nutrients
- Seductive – Certified Organic Body Elixir by Intelligent Nutrients
- V Healthy Cuisine (Lunch and Dinner for 4 nights) includes 1 juice per meal
- Fruit Basket upon arrival
- Daily fitness and body & mind activities
- Morning and/or evening Nature Walks
- Use of V Fitness and Pool

RM5199 per couple (not including accommodation and meals)