



Deep Relaxation

Facing the occasional overwhelming demands of the everyday life, we end up neglecting our own needs, feeling tense, emotionally drained and disconnected from ourselves. The Deep Relaxation Program will allow you to escape your day-to-day routine to a tranquil, serene space where you can stand still, gather your thoughts and re-connect with your inner self. Allow yourself to be the very focus of attention. Be spoiled and pampered from head to toe, enjoying treatments that will restore harmony within your body and peace to your mind.

- Holistic Lifestyle Consultation
- Emwave stress test management
- Eminence pear & Green apple sugar scrub
- After Sun and Aloe Wrap
- Chakra Balancing Massage
- Manual Lymphatic Drainage Massage
- Chi Foot Reflexology
- Rejuvenating Eminence Facial
- Intensive Hair & Scalp treatment for fine and thin hair
- Personalized Private Yoga Session
- Personalized Private Training Session
- Intellimune® Oil or Intellimune® powder - super anti-oxidant complex for daily intake
- Certified organic body Elixir by Intelligent Nutrients for daily application
- V Healthy Cuisine (Lunch and Dinner for 4 nights) includes 1 juice per meal
- Daily fitness and body & mind activities
- Morning and/or evening Nature Walks
- Use of V Fitness and Pool
- 20% discount on additional spa treatments and salon services
- 20% discount on face, body and hair retail products

RM3199*

- * All Core Wellness Programs are designed for the duration of five days / four nights. Accommodation and breakfast are available at a special rate and will be charged separately.

All prices are in Ringgit Malaysia and subject to change without notice. All prices are subject to 10% service charge. Prices stated are exclusive of Service Charge.

Please contact V Botanical Spa at Ext 591, or V Wellness Desk at Ext 556 for enquiries and arrangements.